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Hemolysis transforms liver macrophages into anti-inflammatory erythrophagocytes

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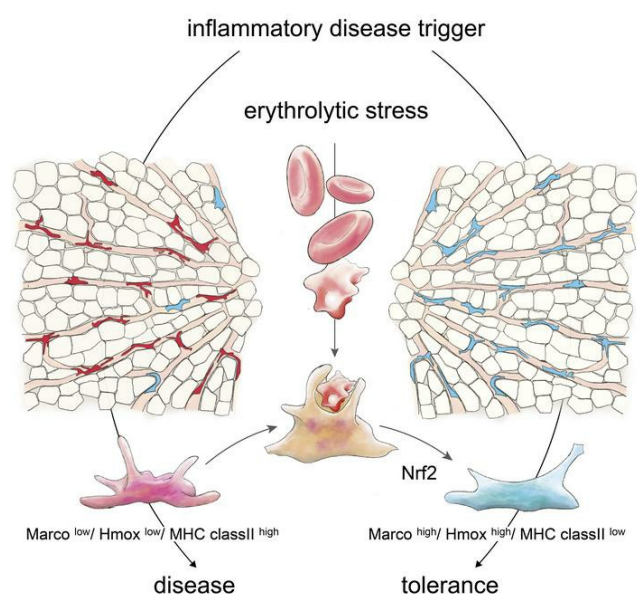
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Graphical abstract



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Hemolysis transforms liver macrophages into anti-inflammatory erythrophagocytes

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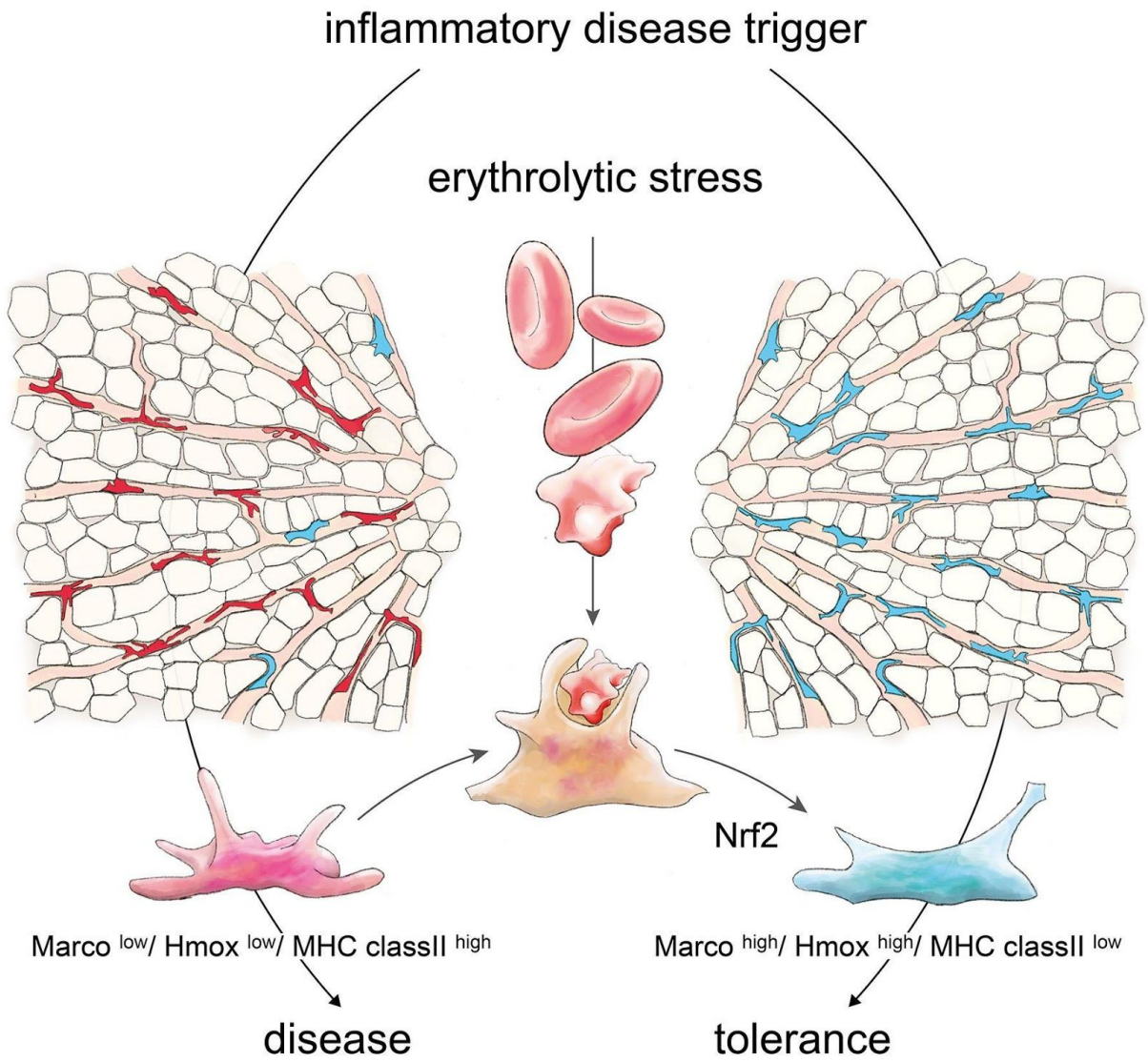
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GRAPHICAL ABSTRACT



ABSTRACT

During hemolysis, macrophages in the liver phagocytose damaged erythrocytes to prevent the toxic effects of cell-free hemoglobin and heme. It remains unclear how this homeostatic process modulates phagocyte functions in inflammatory diseases. Using a genetic mouse model of spherocytosis and single-cell RNA sequencing, we found that erythrophagocytosis skewed liver macrophages into a unique anti-inflammatory phenotype that we defined as $\text{Marco}^{\text{high}}/\text{Hmox}^{\text{high}}/\text{MHC-class II}^{\text{low}}$ erythrophagocytes. This phenotype transformation profoundly mitigated disease expression in a model of an anti-CD40-induced hyperinflammatory syndrome with necrotic hepatitis and in a non-alcoholic steatohepatitis model, representing two macrophage-driven sterile inflammatory diseases. We reproduced the anti-inflammatory erythrophagocyte transformation in vitro by heme-exposure of mouse and human macrophages, yielding a distinctive transcriptional signature that segregated heme-polarized from M1- and M2-polarized cells. Mapping transposase-accessible chromatin in single cells by sequencing (scATAC-seq) defined the transcription factor NFE2L2/NRF2 as a critical driver of erythrophagocytes, and *Nfe2l2/Nrf2*-deficiency restored heme-suppressed inflammation. Our findings point to a pathway that regulates macrophage functions to link erythrocyte homeostasis with innate immunity.

Introduction

The archetypical functions of macrophages are their roles as sensors, effectors, and resolvers of inflammation and tissue damage (1). Historically defined as inflammatory M1-like and anti-inflammatory M2-like, macrophage phenotypes and functions are regulated by ontogeny and by tissue- and disease-specific triggers that regulate innate immune responses and tissue repair following injury (2, 3). Macrophages also play a key role in physiological erythrocyte turnover by mediating phagocytic clearance of senescent and damaged red blood cells (RBC). This homeostatic function of macrophages becomes imperative in conditions with enhanced erythrolytic stress such as in patients with an acquired or genetic hemolytic anemia (4).

RBCs, or erythrocytes, typically compartmentalize hemoglobin and heme within their anti-oxidative intracellular space. However, in conditions with pathological erythrolysis (5–7), this protective compartmentalization is lost, and RBC toxins accumulate in tissue and plasma. Cell-free hemoglobin and heme cause adverse physiological effects by nitric oxide depletion, free radical reactions, and heme-triggered inflammation via Toll-like receptor engagement (8–18). These disease-accelerating effects of uncontrolled erythrolysis are prevented by erythrophagocytosis, whereby macrophages recognize and phagocytose damaged RBCs before they disintegrate within the circulation (19–21). In conditions with systemic hemolysis such as in sickle cell disease, spherocytosis, after the transfusion of stored blood or during sepsis, this function is provided by macrophages in the liver (19).

Cell culture experiments and immunophenotyping in human tissues have demonstrated that erythrophagocytosis supports the differentiation of specialized macrophages with high antioxidant and iron-metabolizing capacity, suggesting that adaptation of the myeloid cell compartment provides tolerance against the toxicity of hemolysis (22–32). In vitro studies with human monocyte-derived macrophages found hemoglobin or heme-exposure repressed inflammatory responses and immunophenotype markers of activation (22–25). So far, it remains unanswered whether these effects of altered RBC homeostasis and heme metabolism on phagocytes could also change regulatory macrophage functions in the context of inflammatory diseases. Here, we hypothesized that enhanced demand for RBC clearance in individuals with a genetic or acquired hemolysis changes the macrophage

phenotype landscape in vivo and diverges the progression of macrophage-driven non-infectious inflammatory diseases.

Nuclear erythroid 2 p45-related factor 2 (NFE2L2/NRF2) is a redox-sensitive basic leucine zipper transcription factor and the principal regulator of oxidative stress defense (33–36). More recently, NRF2 has gained attention as a negative regulator of inflammatory disease processes (37–40). NRF2 can suppress inflammation by at least four mutually interacting mechanisms including modulation of reactive oxygen species-dependent signaling (37, 41), transcriptional repression (42), interference with NF- κ B (43), post-transcriptional modulation of inflammatory signaling genes (44, 45), or via enhancement of *Hmox1* (46, 47).

In the present study, we provide a global in vivo definition of the phenotype of erythrophagocytic macrophages, which we termed erythrophagocytes. We define these cells as a unique macrophage type with an anti-inflammatory gene signature driven by sustained activation of a heme-NFE2L2/NRF2 signaling pathway. Using a mouse model of hereditary spherocytosis and single-cell RNA sequencing (scRNA-seq) of mouse liver macrophages, we discovered that erythrophagocytosis forces the transformation of liver macrophages into an anti-inflammatory phenotype. As a result, we found in two models of macrophage-driven inflammatory liver disease, that hemolytic stress profoundly attenuates disease expression.

RESULTS

Identification of ‘erythrophagocytes’ in the liver of hemolytic mice

We used a mouse with a spontaneous truncation of the erythrocyte-specific cytoskeletal protein Spectrin- α (*Spta*^{sph/sph}) (48) as an in vivo model of erythrophagocytosis to characterize the phenotype and inflammatory function of erythrophagocytic macrophages, which we term here erythrophagocytes. *Spta*^{sph/sph} mice exhibited chronic hemolytic anemia with hyperbilirubinemia (**Figure 1A**) resulting from a structural membrane instability leading to enhanced RBC clearance by phagocytes in the liver (49). Using flow cytometry with corresponding imaging, we identified a large population of F4/80⁺ macrophages in the livers of *Spta*^{sph/sph} mice that were also positive for ingested TER119⁺ erythrocytes (**Figures 1B and C**). In a histological analysis, the large F4/80⁺ erythrophagocytes impressed as the predominant macrophage population in the liver of *Spta*^{sph/sph} mice (**Figure 1D**). Automatic counting of F4/80⁺ cells in the liver sections revealed a higher number of macrophages in the hemolytic than in the wild-type mouse (**Supplementary Figure 1A**).

Erythrophagocytes have an antioxidant and anti-inflammatory transcriptional phenotype

To assess the phenotype of erythrophagocytes in *Spta*^{sph/sph} mice, we performed single-cell RNA-sequencing analysis (scRNA-seq) on macrophages that were enriched from nonparenchymal liver cell suspensions with anti-F4/80 antibody-coated Dynabeads. **Figure 1E** shows a t-distributed stochastic neighbor embedding (t-SNE) plot of scRNA-seq data from an *Spta*^{wt/wt} mouse and an *Spta*^{sph/sph} mouse. In these data, we could recapitulate the presence of a large population of erythrophagocytes in the *Spta*^{sph/sph} hemolytic mouse by visualizing the mRNA expression of hemoglobin (*Hba-a1*), which stems from remnant mRNA in phagocytosed RBCs. To support this interpretation, we confirmed by RT-qPCR that *Hba-a1* transcripts were highly abundant in leukocyte-depleted circulating RBCs of *Spta* mice. Accordingly, while only a small population of *Hba-a1*-positive cells was observed in the *Spta*^{wt/wt} mouse, almost all macrophages were *Hba-a1*-positive in the *Spta*^{sph/sph} hemolytic mouse. In addition, we found a small population of *Hba-a1*/*Gypa* (Ter-119) double-positive

macrophages (**Figure 1E**), which likely represent erythroblastic island macrophages (EBIs) that phagocytosed the nuclei of RBC progenitors (50).

Further analysis and visualization of the liver macrophage scRNA-seq data was performed on the merged data sets from *Spta*^{wt/wt} and *Spta*^{sph/sph} mice (**Figure 1F**). Unsupervised graph-based clustering grouped the 17,127 cells into 17 populations (**Figure 1G**). The cell-type identity of each cell cluster was determined by matching its gene expression profile with ex-ante defined marker genes for Kupffer cells (KCs), EBIs (51, 52), and early recruited macrophages as well as hepatocytes and endothelial cells (**Figures 1H and 1I** and **Supplementary Figure 1B**)(53–59).

The volcano plot in **Figure 2A** illustrates the results of a differential gene expression analysis of KCs from the *Spta*^{sph/sph} mouse (i.e., erythrophagocytes) and KCs from the *Spta*^{wt/wt} littermate (**Supplementary Excel file 1**). Among the most overexpressed genes in liver macrophages from *Spta*^{sph/sph} mice were marker genes of the erythrophagocytic process (*Hb* and *Alas2*), genes known to be induced by heme exposure (*Hmox1* and *Spic*), oxidative stress-responsive genes (*Fth1*, *Ftl1*, and *Prdx1*), and cell surface receptor genes (*Marco* and *Vcam1*). In contrast, MHC-class II-associated genes (*Cd74* and several *H2* genes) were most downregulated. Accordingly, gene set enrichment analysis (GSEA) using the hallmark gene sets of the Molecular Signature Database (MSigDB) (60) identified heme metabolism, the reactive oxygen species pathway, and oxidative phosphorylation as the most upregulated processes. In contrast, genes associated with allograft rejection and IFN alpha/gamma responses were the most downregulated, suggesting that erythrophagocytes in the livers of *Spta*^{sph/sph} mice have an anti-inflammatory phenotype (**Figure 2B** and **Supplementary Figure 7A**). Visualizations of the gene expression differences on a single-cell level between *Spta*^{sph/sph} and *Spta*^{wt/wt} mice for *Hmox1*, *Marco*, and *Vcam1* as well as the MHC-class II-associated genes *Cd74*, *H2-Aa* and *H2-Ab1* are shown in **Figure 2C**.

Among the intrinsic macrophage genes, we identified macrophage receptor with collagenous structure (*Marco*) as the most upregulated gene in the *Spta*^{sph/sph} mouse. **Figure 2D** shows a 2-dimensional density plot of mRNA count data summarizing the key phenotype characteristics that we identified for the erythrophagocytes in the *Spta*^{sph/sph} mouse as *Marco*^{high}/*Hmox1*^{high}/MHC-class II^{low}. Interestingly, we have also detected a small population of *Hmox1*^{high}/MHC-class II^{low} macrophages in the *Spta*^{wt/wt} mouse liver (encircled population in

Figure 2E and 2F). This population was also positive for *Marco* expression coinciding with the erythrophagocytosis marker *Hba-a1* (double-positive in **Figure 2F**). To further characterize these physiological erythrophagocytes, we performed a differential gene expression analysis comparing *Marco*⁺ KCs with the major KC population (*Marco*^{negative}) in the *Spta*^{wt/wt} mouse liver (**Supplementary Figure 2, Supplementary Excel file 2**). We found that these cells share their gene expression profile with the erythrophagocyte population of the *Spta*^{sph/sph} hemolytic mouse.

In order to identify potential drivers of gene expression in erythrophagocytes, we performed an enrichment analysis of the upregulated genes identified in *Spta*^{sph/sph} macrophages for transcription factor target motifs using EnrichR (61) and identified the most significant signal for the transcription factor NFE2L2/NRF2 (**Supplementary Figure 1C**).

To confirm the above scRNA-seq data, we performed bulk RNA-sequencing (bulk RNA-seq) analysis of F4/80⁺ liver macrophages that were also isolated using anti-F4/80 antibody-coated Dynabeads from three *Spta*^{sph/sph} mice and three *Spta*^{wt/wt} mice, and identified the same transcriptional signature for erythrophagocytes with strongly increased expression of *Hmox1*, *Marco*, *Spic*, and *Vcam1*, while MHC-class II-associated genes (*Cd74*, *H2-Aa*, *H2-Ab1*, *H2-Eb1*) were profoundly suppressed (**Supplementary Figure 3A**). The top 2000 differentially expressed genes (DEGs) in *Spta*^{sph/sph} versus *Spta*^{wt/wt} macrophages (**Supplementary Excel file 3**) were subjected to hierarchical clustering to segregate them into 6 regulatory clusters defining hemolytic and non-hemolytic gene expression of liver macrophages (**Supplementary Figure 3B, left**). Enrichment analysis of transcription factor binding sites for each of the six gene clusters (**Supplementary Figure 3B, right**) revealed that among the genes upregulated in the *Spta*^{sph/sph} macrophages, the largest cluster was most significantly enriched for genes known to be regulated by NFE2L2/NRF2. A strong signal was also identified for GATA1, the master transcription factor of erythropoiesis. This is compatible with the detection of intrinsic erythrocyte-mRNA after RBC phagocytosis by erythrophagocytes. The down-regulated gene clusters were enriched for genes controlled by RFXAP, RFXANK, and RFX5, which are regulators of MHC-class II-associated genes.

To further investigate mechanisms that may govern the differentiation of erythrophagocytes, we assessed genome-wide chromatin accessibility by single-cell ATAC-seq of *Spta*^{sph/sph} versus *Spta*^{wt/wt} liver macrophages. **Figure 3 A** shows an unsupervised

clustering analysis of 862 nuclei that were isolated after enrichment of F4/80⁺ cells from mouse livers. The nuclei segregated into 10 clusters based on the different peak fragments they displayed (**Supplementary Figure 4A**). We assessed the pseudo-gene-expression for specific genes in each cell by summing the reads containing the gene body with its associated upstream promoter region. After examining the accessibility of canonical marker genes (**Supplementary Figure 4B**), we could attribute cell-type identities to each cluster (**Figure 3B**). While early recruited macrophages of both genotypes appeared in the same cluster, KCs of *Spta*^{wt/wt} and erythrophagocytes of *Spta*^{sph/sph} were clearly separated from each other indicating a significantly different overall accessibility of their chromatin. Differential analysis of accessible transcription factor motifs in these two cell types (**Figure 3C**) established the motif for NFE2L2/NRF2 (MA0150.2) as the second most significantly overrepresented hit in erythrophagocytes (**Figure 3D** and **Supplementary Excel file 4**). scATAC-seq also confirmed reduced accessibility for the MHC-class II locus on chromosome 17 and enhanced accessibility of the *Marco* and *Hmox1* genes, which is compatible with the scRNA-seq data (**Figure 3E**).

In summary, we identified a phenotype of Marco^{high}/Hmox^{high}/MHC-class II^{low} erythrophagocytes that is characterized by NFE2L2/NRF2-driven gene expression. In the human liver, the expression of *Marco* defines a subset of anti-inflammatory macrophages (62). Therefore, our data suggest the existence of a physiological population of anti-inflammatory *Marco*⁺ erythrophagocytes that expands dramatically in response to hemolytic stress, becoming the most dominant macrophage phenotype in the liver and potentially modulating innate-immunity functions.

Erythrophagocytes have an anti-inflammatory function

We examined erythrophagocyte functions in an in vivo mouse model of inflammation. To establish a suitable model where inflammation is macrophage-driven, we decided to target CD40 (**Figure 4A**), a NF-κB-activating receptor on mononuclear phagocytes. Thirty hours after injection of an agonistic anti-CD40 antibody, wild-type mice developed a systemic inflammatory syndrome reminiscent to a macrophage activation syndrome (63, 64), which was characterized by a cytokine storm, activated coagulation with thrombosis in the liver

vasculature, and multifocal liver necrosis (**Figure 4B**). As a result of this liver necrosis, the mice had increased plasma levels of alanine aminotransferase (ALT), which we used as a biomarker for the disease process. Depletion of macrophages by clodronate liposomes completely prevented the disease phenotype as illustrated by the lack of ALT increase after antibody treatment (**Supplementary Figure 3D**), suggesting that the inflammatory condition seen in the model represents a macrophage-driven process. To conclusively validate the specificity of macrophage-driven inflammatory disease in this model, we generated a macrophage-specific conditional *Cd40* knockout mouse (*Cd40^{fllox/fllox} LysM-Cre*). In comparison to *Cd40^{fllox/fllox}* littermates that exhibited increased ALT levels upon treatment with anti-CD40 antibody, plasma ALT levels in *Cd40^{fllox/fllox} LysM-Cre* remained unchanged with anti-CD40 antibody treatment, indicating lack of inflammatory disease in the absence of CD40-expressing macrophages (**Figure 4C**).

Based on the above results, we concluded that the anti-CD40 model would be suitable to evaluate the specific effects of hemolytic stress and erythrophagocytosis on inflammatory macrophage functions in vivo, and accordingly administered anti-CD40 antibody to *Spta^{sph/sph}* and *Spta^{wt/wt}* mice. Compared to *Spta^{wt/wt}* littermates, the anti-CD40 antibody-induced disease expression was significantly attenuated in *Spta^{sph/sph}* mice. No ALT elevation (**Figure 4D**) or ischemic infarcts (**Figure 4E**) were observed in the livers of anti-CD40 antibody-treated *Spta^{sph/sph}* animals. While anti-CD40 antibody-treated *Spta^{wt/wt}* mice exhibited increased plasma concentrations of CCL2, CCL3, IL-6, and TNF α in comparison to saline-treated mice, plasma concentrations of these cytokines remained almost unchanged in anti-CD40 antibody-treated *Spta^{sph/sph}* mice (**Figure 4F**).

We also characterized the CD40 ligation-induced transcriptome changes in F4/80⁺ liver macrophages isolated from anti-CD40 antibody-treated *Spta^{sph/sph}* and *Spta^{wt/wt}* mice by bulk RNA-seq. Macrophages from *Spta^{wt/wt}* mice exhibited a broad inflammatory response upon anti-CD40 treatment, which was characterized by GSEA enrichment of hallmark gene sets associated with inflammation, TNF signaling, IFN signaling, and allograft rejection (**Figure 4G and 4H** and **Supplementary Figure 7B**), as well as by expression of key inflammatory genes (**Figure 4I**, **Supplementary Excel File 6**). This CD40-stimulated macrophage transcriptional response was markedly suppressed in erythrophagocytes isolated from *Spta^{sph/sph}* mice (**Figure 4I**, **Supplementary Excel file 7**). At baseline, *Spta^{sph/sph}* macrophages displayed a

slight, statistically not significant reduction of *Cd40* expression compared to wild-type mice (**Supplementary Figure 3C**). *Cd40* expression was induced in *Spta*^{wt/wt} and in *Spta*^{sph/sph} macrophages after antibody treatment, suggesting that the broad anti-inflammatory effect of erythrophagocytosis occurs downstream of the CD40 signaling pathway. This is also consistent with the observation that anti-CD40 antibody treatment further stimulated erythrophagocytosis by liver macrophages in *Spta*^{sph/sph} mice (**Supplementary Figure 3E**).

Taken together, these results suggest that erythrophagocytosis skews liver macrophages into an anti-inflammatory functional state.

Heme-exposure of BM-derived macrophages in vitro replicates anti-inflammatory erythrophagocyte polarization

Erythrophagocytosis leads to a steep increase in the intracellular concentration of the porphyrin metabolite heme, which is a known modulator of gene expression in macrophages and other cell types. Therefore, we performed a series of studies to test whether heme-exposure of macrophages in vitro could mimic the effects of hemolytic stress on macrophage phenotype and inflammatory function.

We exposed BM-derived macrophages (BMDM) to heme-albumin complexes, IFN γ or IL-4 for 72 hours, and studied their transcriptome profile by bulk RNA-seq (**Supplementary Excel files 8, 9 and 10**). Principal component analysis demonstrated that heme-polarized macrophages clearly segregated from IFN γ - and IL-4-polarized cells (**Figure 5A**), suggesting that heme promotes an idiosyncratic macrophage phenotype that is different from classical M1 (IFN γ)- and M2 (IL-4)-polarized macrophages. GSEA for heme-treated BMDMs identified the strongest signals for upregulated reactive oxygen species pathway and glycolysis, while interferon responses were strongly suppressed (**Supplementary Figure 5B, Supplementary Figure 7C**), as seen previously in the erythrophagocytes isolated from livers of *Spta*^{sph/sph} mice. Macrophages stimulated with IL-4 or IFN γ exhibited distinct transcriptional profiles, indicating that they differentiated into divergent macrophage subsets, as illustrated by comparative enrichment analysis of key gene sets and transcription factors (**Supplementary Figure 5A**). mRNA expression count data for selected heme-response genes confirmed the induction of genes involved in the antioxidant

response and suppression of MHC-class II-associated genes (**Figure 5B**). In addition, a strong signal for the previously identified marker gene for erythrophagocytes, *Marco*, and for the gene expressing the heme-inducible transcription factor, *Spic*, was observed. Consistent with an authentic cell differentiation process, we found a progressive change in gene induction and suppression over 72 hours (**Supplementary Figure 5C**).

As in erythrophagocytes of hemolytic mice, an EnrichR analysis of upregulated genes in heme-albumin-treated BMDMs for transcription factor target genes provided the most significant hit for genes regulated by NFE2L2/NRF2 (**Supplementary Figure 5A**). To test whether NRF2 activation alone could reproduce the phenotype transition induced by heme-albumin, BMDMs were differentiated in parallel with heme-albumin or with either of the two pharmacological NRF2 activators, RA-839 and ML-334 for 72 hours. The radar chart in **Figure 5C** illustrates that key phenotype features of heme-polarized macrophages are mimicked by the NRF2 activators, including the upregulation of oxidative stress response genes and *Marco*, as well as profound downregulation of MHC-class 2 associated genes. *Hmox1* and *Spic* are less induced by the NRF2 activators compared to heme. This is congruent with the established function of the heme-responsive transcriptional repressor BACH1 in the regulation of these genes (**Figure 5C**) (26, 65). Collectively, these data point to NFE2L2/NRF2 as a strong candidate signaling pathway transmitting key phenotypic features of erythrophagocytes.

To establish that heme also drives anti-inflammatory erythrophagocyte function, we measured the mRNA expression of select inflammatory response genes by RT-qPCR using in vitro heme-polarized BMDMs subjected to LPS stimulation. The clustering analysis of mRNA gene expression data revealed a broad inflammatory response of BMDMs that were stimulated with LPS. In contrast, this LPS response was markedly suppressed in heme-polarized macrophages (**Figure 5D**). However, under the same conditions the expression of heme-inducible genes, *Hmox1* and *Spic*, was significantly enhanced (**Figure 5D**), indicating the target specificity of the heme-transmitted signal. The anti-inflammatory effect of heme-albumin was also reflected by the reduced secretion of IL-12p40 and IL-6 into the cell culture medium (**Figure 5E**). To exclude cytotoxicity of heme-albumin, such as that resulting from oxidative stress or ferroptosis, as a cause of the anti-inflammatory effect, we measured mitochondrial function and the glycolytic rate of BMDMs using a

Seahorse metabolic flux analyzer. Heme exposure for 72 hours did not change mitochondrial function, and enhanced, rather than suppressed, glycolytic activity (**Supplementary Figure 5D**), a finding that is consistent with the increased expression of glycolysis-related genes identified in bulk RNA-seq data (**Supplementary Figure 7C**).

Collectively, these results demonstrate that heme drives differentiation of BMDMs into erythrophagocyte-like cells, supporting a strong anti-inflammatory function.

To translate our findings to human physiology, we have performed heme-exposure experiments with human macrophages that were differentiated from PBMCs of healthy blood donors and subjected to LPS. As in murine BMDMs, heme-exposure induced *HMOX1* and the NFE2L2/NRF2 target gene *NQO1*, and the LPS-induced inflammatory response was significantly attenuated (**Figure 5F**). However, the anti-inflammatory effect appeared to be more selective. While *CXCL9*, *CXCL10*, and *IL12b* were strongly suppressed by heme-albumin, we found only a weak effect on *IL6* expression with high interindividual variability. This difference may be related to the more differentiated in vitro phenotype of PBMCs compared to mouse BMDMs.

Heme-NRF2 signaling drives BMDM polarization into erythrophagocyte-like anti-inflammatory cells

To further explore the potential role of NFE2L2/NRF2-mediated inflammatory suppression in response to heme we performed studies with BMDMs from *Nrf2* knockout mice (*Nrf2*^{-/-}). We first established that the absence of the transcription factor in BMDMs markedly reduced heme-induced mRNA expression of the NRF2 target genes *Marco*, *Spic*, *Nqo1*, and *Slc7a11* (**Figure 6A**). In contrast, *Hmox1* expression was not attenuated, reinforcing the critical function of BACH1 rather than NRF2 in its regulation by heme. Heme-induced NRF2 target gene expression and inflammatory suppression could be observed as early as after 4 hours of heme treatment. This short exposure period was chosen for experiments with *Nrf2*^{-/-} macrophages to minimize confounding effects that may occur due to unopposed oxidative stress during longer heme-exposures. **Figure 6B** shows a scatter plot of mRNA expression data from gene array experiments with wild-type (*Nrf2*^{+/+}) BMDMs treated with heme-albumin for 4 hours and LPS for an additional 4 hours. Based on unobserved clustering analysis, the genes upregulated in response to LPS treatment (green, total 271

genes) comprised a population that was distinct from the genes upregulated only in response to combined LPS and heme-albumin treatment (red, 57 genes) (**Figure 6B**, **Supplementary Excel file 11**). An EnrichR analysis of these 57 heme-induced genes found again the most significant enrichment for genes that were regulated by NFE2L2/NRF2 (**Supplementary Figure 6A**). Experimentally, this gene cluster was less upregulated in BMDMs from *Nrf2*^{-/-} mice. **Supplementary Figure 6B** shows the cumulative effect of heme-exposure on the LPS-induced inflammatory response in *Nrf2*^{+/+} and *Nrf2*^{-/-} BMDMs. The data suggest that the suppression of the LPS-induced genes by heme was less pronounced in the absence of NRF2.

To further test the role of NRF2 in heme-induced inflammatory suppression, we performed a factorial analysis of these experiments with LPS-stimulated macrophages from *Nrf2*^{+/+} or *Nrf2*^{-/-} mice in the presence or absence of heme (**Figure 6C**). The individual effects of heme and NRF2 in this model were calculated from the differential gene expression data (**Supplementary Excel files 12 and 13**) and the output data were analyzed by GSEA (**Supplementary Figures 8A and B**). A correlation plot of the GSEA enrichment scores (ESs) for all 50 hallmark gene sets suggested that heme (in wild-type macrophages) and NRF2 (in heme-exposed macrophages) have almost identical qualitative effects on macrophage polarization, which agrees with our hypothesis of a linked effector pathway (**Figure 6D**, a correlation plot of the same effects on the individual gene level is shown in **Supplementary Figure 6C**). Overlay density plots of the running ESs for the most significant gene sets highlighted in **Figure 6D** visualize equal induction of antioxidant pathways and glycolysis alongside a strong suppression of LPS-induced inflammatory responses by heme and NRF2 (**Figure 6E**). In accordance with the predicted positive effect of heme-NRF2 signaling on glycolysis-related gene expression, metabolic flux analysis revealed that in comparison to heme-albumin-treated *Nrf2*^{+/+} BMDMs, the extracellular acidification rate (ECAR) was strongly attenuated in *Nrf2*^{-/-} BMDMs even after maximal stimulation with oligomycin (**Figure 6F**).

We confirmed the role of NRF2 in the anti-inflammatory function of heme in an independent set of experiments with BMDMs from *Nrf2*^{+/+} and *Nrf2*^{-/-} mice. Heme-albumin-mediated suppression of *Il12b* and *Il6* mRNA after LPS stimulation was not observed in *Nrf2*^{-/-} BMDMs (**Figure 6G**). The key role of NRF2 is further supported by the

observation that also the anti-inflammatory effect of heme in BMDMs is mimicked by pharmacological activators of NRF2 (**Figure 6H**).

Collectively, these results indicate that NRF2 is an important driver of heme-induced gene expression and anti-inflammatory polarization in macrophages, and may have a role in metabolic adaptation.

Hemolytic mice exhibit tolerance against diet-induced nonalcoholic fatty liver disease

We aimed to establish whether the anti-inflammatory function of erythrophagocytes has broader implications beyond specific exogenous inflammatory triggers such as anti-CD40 antibodies and LPS, to impact more complex and multifactorial inflammatory disease processes. To this end, we examined the effect of erythrophagocyte expansion in the liver on the development of diet-induced nonalcoholic liver disease (NAFLD), a disease caused by metabolic dysregulation that induces KC activation with *Tnf* expression, inflammation, steatosis and hepatocellular damage (66–68). NAFLD was induced in *Spta*^{wt/wt} and *Spta*^{sph/sph} mice by feeding them a methionine- and choline-deficient (MCD) diet (69–71). At day 12 of the MCD diet, *Spta*^{wt/wt} mice exhibited enhanced mRNA expression of *Tnf* in the isolated F4/80⁺ liver macrophages, as well as increased plasma concentrations of ALT, and the macrophage chemokine CCL2 (**Figures 7B**). Compared to *Spta*^{wt/wt} mice, these changes were mostly repressed in hemolytic *Spta*^{sph/sph} mice. Liver histology revealed extensive steatosis in *Spta*^{wt/wt}, but not in *Spta*^{sph/sph} mice fed the MCD diet (**Figures 7A and C**). In comparison to *Spta*^{wt/wt} mice fed the MCD diet, a markedly expanded pool of F4/80⁺ erythrophagocytes was found in the livers of *Spta*^{sph/sph} mice fed the MCD diet, which indicated that disease tolerance was a function of not a reduced number of macrophages but of an altered functional state (**Figure 7D**). The treatment of wild-type mice with the NRF2 activator dimethyl fumarate (DMF), an approved drug for relapsing-remitting multiple sclerosis (35, 38), mimicked the heme response and attenuated the increase of liver enzymes in MCD fed mice (**Figure 7E**).

DISCUSSION

Using scRNA-seq studies of liver macrophages, we discovered a unique population of erythrophagocytes with an anti-inflammatory phenotype and function. Under hemolytic stress, these anti-inflammatory erythrophagocytes become the predominant macrophage population leading to a pronounced attenuation in two models of inflammatory liver disease. In vitro heme-exposure of BMDMs reproduced the *Marco*^{high}/*Hmox*^{high}/MHC-class II^{low} erythrophagocyte profile, yielding a transcriptional signature that segregated the heme-polarized macrophages from IFN γ -polarized (M1-like) and IL-4-polarized (M2-like) cells. This suggests that heme-polarized macrophages represent an idiosyncratic phenotype, providing on-demand adaptation to hemolytic stress.

A defining feature of erythrophagocytes in our studies was the strong expression of the scavenger receptor *Marco*. In the human liver, the expression of *Marco* segregates inflammatory (*Marco*^{low}) macrophages from anti-inflammatory (*Marco*^{high}) macrophages, which are characterized by an attenuated *Tnf* expression response upon in vitro stimulation with LPS and IFN γ (62). In alveolar macrophages, *Marco* has a non-redundant anti-inflammatory function protecting against oxidative lung injury (72). Enhanced *Marco* expression and the diminished expression of MHC-class II genes are also phenotypic characteristics of tumor-associated macrophages linked to reduced immunogenicity and immunosuppression in cancer (73). *Marco*^{high}/*Hmox*^{high}/MHC-class II^{low} erythrophagocytes in the liver appear to acquire similar anti-inflammatory functions. To support this assumption, we used an in vivo model of anti-CD40 antibody-induced systemic inflammation that had the advantages of a macrophage-driven disease process with a primarily liver-based pathology. By transforming inflammatory Kupffer cells into anti-inflammatory erythrophagocytes, mice with spherocytosis displayed a markedly attenuated disease response. Macrophages were numerous in the livers of *Spta*^{sph/sph} mice before and after anti-CD40 antibody treatment. They exhibited enhanced erythrophagocytic activity alongside a gene expression profile that did not indicate nonspecific cell stress or activation of controlled death pathways suggesting that the profound anti-inflammatory function does not reflect a toxic response, but instead results from a divergent macrophage phenotype.

Supporting our hypothesis of a broader role for the anti-inflammatory impact of heme-mediated macrophage polarization, we found in a model of nonalcoholic fatty liver

disease (NAFLD) that erythrophagocytes in the MCD-diet-fed *Spta^{sph/sph}* mice expressed less *Tnf*, which coincided with low plasma levels of the disease-associated macrophage-derived chemokine CCL2 (68), markedly reduced hepatocellular damage, and almost absent liver steatosis compared to wild-type mice on the same diet. As key integrators of endogenous and exogenous proinflammatory signals, Kupffer cells and recruited liver macrophages play a central role in the initiation and progression of NAFLD and nonalcoholic steatohepatitis (NASH) (74). Several macrophage-specific interventions involving depletion of Kupffer cells (69, 71, 75), macrophage-selective knockout of pattern recognition receptor pathways (76, 77), or macrophage-targeted delivery of anti-inflammatory drugs (78) have successfully been used to interrupt NAFLD progression, with many of these approaches being particularly effective during the early disease phase (69).

The anti-inflammatory phenotype and function of erythrophagocytes are supported by the finding of NFE2L2/NRF2-driven gene expression across our studies, which was consistent with the open chromatin landscape defined by scATAC-seq. Heme-induced antioxidant gene expression was significantly attenuated in *Nrf2* knockout macrophages. This finding supports the idea that heme acts as an activator of *Nrf2* in our model, as has been shown in human macrophages (79) and in other cell types (80–82). Furthermore, the suppressive effect of heme on LPS-triggered inflammatory gene expression was rescued in *Nrf2* knockout macrophages.

A limitation of our study is that we could not directly investigate the contribution of NRF2 to the anti-inflammatory heme polarization of macrophages in vivo. This is due to the impossibility of experimentally dissociating the adaptive function of NRF2 activation from its anti-inflammatory activity. In other words, because NRF2 is indispensable to resist oxidative heme-stress in vivo, systemic toxicity with multiorgan failure overwhelms the anti-inflammatory effects of heme after experimental heme-exposure or during hemolysis in an *Nrf2* knockout mouse. Nevertheless, we found that the NRF2 activating drug DMF mimicked the effect of chronic hemolysis on NAFLD progression in our MCD model.

In human macrophage cell cultures, heme activates liver-X-receptor (LXR)-coordinated gene expression, driving the differentiation of macrophages with a CD163^{high}/Hmox1^{high}/MHC-class II^{low} immunophenotype that resembles the Mhem macrophages identified in microhemorrhage areas of atherosclerotic plaques (23–25, 83).

As a central integrator of metabolic and anti-inflammatory signaling, LXR activation may help consolidate the anti-inflammatory phenotype of erythrophagocytes (84). In addition, heme and other porphyrins inhibit the proteasome and could, therefore, directly interfere with a key process of proinflammatory NF- κ B activation (85, 86). Thus, it is likely that erythrophagocyte polarization by heme-induced NRF2 signaling is aided by a synergistic network that enables immune adaptation to hemolytic stress in a disease state- and tissue type-specific way.

The heme-driven differentiation of macrophages into the stable anti-inflammatory state that we describe here needs to be distinguished from an intrinsic inflammatory activity of free heme that can be mediated by ligation of TLR4 on leukocytes and endothelial cells (9, 10, 87). Our previous observations suggested that the way heme is presented to a cell may determine its ultimate effect on the innate immune system. In the case of erythrophagocytosis or with a protein-bound heme (e.g., as hemoglobin or albumin-bound heme) the metalloporphyrin is preferentially delivered for intracellular anti-inflammatory signaling. In contrast, free heme in the extracellular space may more avidly interact with pattern recognition receptors on the cell surface (88).

In conclusion, our findings suggest the existence of a pathway that links hemolysis and erythrophagocytosis with the regulation of inflammatory phagocyte functions. This concept may provide a basis for further research to understand immune dysfunction accompanying hemolysis such as after massive blood transfusion or in patients with sickle cell disease.

AUTHOR CONTRIBUTIONS

MP performed experiments, analyzed data, and wrote the paper; GI performed experiments and analyzed data; CAS performed experiments and analyzed data; AY performed experiments; RB performed experiments; ID performed experiments; GT analyzed data; NS performed experiments; KH performed experiments; RH designed the study and performed experiments; DJS and FV designed the study, performed experiments, analyzed data, and wrote the paper. The order of the two first authors was determined by mutual agreement.

CONFLICT OF INTEREST STATEMENT

All authors have declared that no conflict of interest exists.

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METHODS

A Supplementary Methods Section is available.

Animal models

Wild-type C57BL/6J mice were obtained from Charles River (Wilmington, MA, USA). *Nrf2*^{-/-} mice were obtained from Professor Yuet Wai Kan (University of California, San Francisco). Interbreeding of heterozygous *Spta*^{sph} mice (B6.C3-Spta1^{sph}/BrkJ X WB.C3-Spta1^{sph}/BrkJ mice, Jackson Laboratory, Bar Harbor) yielded spherocytic and wild-type offspring. The *Cd40* targeted mouse strain used for this research project was created from ES cell clone EPD0901_3_A02, obtained from the KOMP Repository (www.komp.org) and generated by the Wellcome Trust Sanger Institute (WTSI, Hinxton, UK). Targeting vectors used were generated by the WTSI and the Children's Hospital Oakland Research Institute as part of the Knockout Mouse Project (3U01HG004080). We crossed the gene-targeted *Cd40*^{flox/flox} mice with FLP recombinase mice that recognize the FRT site to remove the LacZ reporter and neomycin selection cassette. The spliced exons, which are flanked by loxP sites before *Cd40* exon 2 and after *Cd40* exon 3 were removed by crossing to the *LysM-Cre* mouse, resulting in macrophage-specific *Cd40* knockout mice. Littermates without the *LysM-Cre* driver were used as controls (89). Strain appropriate controls were used across all the other experiments. All mice were housed and bred under specific-pathogen-free conditions in the Laboratory Animal Services Center (LASC) of the University of Zürich. 8-10 weeks old males and females were used.

Experimental details for the different animal models and treatments can be found in the Supplementary methods section (Agonistic anti-CD40 antibody-induced systemic inflammation and hepatitis model, Liposomal clodronate injections, MCD diet model, Dimethyl fumarate (DMF) treatment).

Heme preparation for cell culture

Hemin (heme-chloride) was obtained from Sigma (51280). The porphyrin was dissolved in 10 ml of NaOH (100 mM) at 37°C, followed by addition of 10 ml of 20% human serum albumin (CSL Behring AG). After 1 hour of incubation at 37°C, the pH of the solution was adjusted to

pH 7.4 using ortho-phosphoric acid, and the final volume was brought to 25 ml with saline solution. The heme-albumin solutions were sterile-filtered (0.22 μ m) and used immediately.

Mouse BMDM and human monocyte-derived macrophage isolation and culture

Mouse and human macrophages have been isolated and cultured according to standard protocols. Details can be found in the Supplementary Methods.

In situ liver digestion of mouse livers and macrophage enrichment

Liver digestion was performed with a protocol modified from Cabral *et al* (90). The abdominal cavity of a living, deeply anesthetized mouse was opened, and the portal vein was catheterized for *in situ* liver perfusion and digestion with collagenase B buffered solution (Roche, 11088815001). Once digested, livers were dissected out and the mouse was sacrificed. The digested livers were then mechanically disaggregated in a petri dish on ice and filtered through a 100 μ m pore cell strainer. The cell suspensions were centrifuged twice at 60 x g for 2 min at 4°C, and the pellets were discarded. The supernatants were then centrifuged at 300 x g for 5 min at 4°C to obtain a pellet of nonparenchymal liver cells containing liver macrophages. To select for F4/80⁺ macrophages from liver cell suspensions, Dynabeads Sheep anti-Rat IgG (Invitrogen, 11035), in combination with purified rat anti-mouse F4/80 antibody (BD Pharmingen, 0.5 mg/ml, 565409)), and a DynaMag™-2 Magnet (Thermo Fisher Scientific, 12321D) were used according to the manufacturer's positive selection protocol (Invitrogen).

Flow cytometry sample preparation and analysis

Flow cytometry has been performed according to standard protocols. Cells were analyzed on an LSRFortessa (BD) and on an ImageStream X Mk II Imaging Flow Cytometer (Amnis), respectively. Details (including antibodies) can be found in the Supplementary Methods.

Sequencing based workflows

Single-cell RNA sequencing: F4/80⁺ nonparenchymal liver cells were processed for scRNA-seq according to the 10x Genomics Chromium Single Cell 3' v3 workflow. Libraries were sequenced using the Illumina NovaSeq 6000 system according to 10X Genomics

recommendations. Details on cell processing, library production, sequencing, data analysis and visualization can be found in the Supplementary Methods.

Bulk RNA sequencing and data analysis: Sequencing was performed using a standard workflow with an Illumina NovaSeq 6000 sequencer. Details can be found in the Supplementary Methods.

Assay for Transposase Accessible Chromatin: ATAC-seq was performed using the Chromium Single Cell ATAC workflow (10x Genomics). Details on the isolation of nuclei, library preparation, sequencing and data analysis are described in the Supplementary Methods.

Microarray experiments and data analysis

We used whole-mouse or whole-human genome oligo microarrays (G4846A, 4 × 44 K, Agilent Technologies) as described (29). Statistical analysis and visualization were performed with JMP Genomics 7.0 (SAS Institute). Details are provided in the Supplementary Methods.

Real-time PCR

RT-qPCR was performed according to a standard workflow on a 7500 Fast Real-Time PCR System (Applied Biosystems). Protoc details and a complete list of human and mouse primers can be found in the Supplementary Methods.

Bio-Plex cytokine assays

Concentrations of cytokines were determined with Bio-Plex Cytokine Assays (Bio-Rad). The assay was analyzed with a Bio-Plex 200 system (Bio-Rad). The results were analyzed using Bio-Plex Data Pro software (Bio-Rad).

Mouse tissue histology

Details on tissue preparation microscopy, imaging and data analysis can be found in the Supplementary Methods.

Statistical analysis

Data plotting and statistical analysis were performed with Prism 8 (GraphPad), JMP 13 (SAS), Bioturing SingleCell browser (v2.4.21), or R (v3.6.1) [<https://www.R-project.org/>]. RNA

count data was normalized and compared using either DESeq2 R package (v1.26.0) (91) or EdgeR (v 3.30.0) (92, 93). For group comparisons of other data types, we used ANOVA with Tukey's post-test as indicated in the figure legends. For the analysis of human macrophage gene expression data, we used Kruskal-Wallis with the Wilcoxon post-test to account for the high variability with occasional outliers. All data points are displayed in the graphs. Boxplots display median and interquartile range, whiskers represent min and max values. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Study approval

All experimental protocols were reviewed and approved by the Veterinary Office of the canton of Zürich, Switzerland. Mice were treated in accordance with the guidelines of the Swiss Federal Veterinary Office.

DATA SHARING STATEMENT

For original data, please contact florence.vallelian@usz.ch. All next-generation sequencing and microarray data can be accessed via the following link:

<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE145244>. All supplementary Excel tables described in the text and the GSEA full results can be accessed via the following link:

<https://drive.google.com/open?id=1G6v3bbUxajlKy7HirmRJIMHVJ8i4Ns2i>.

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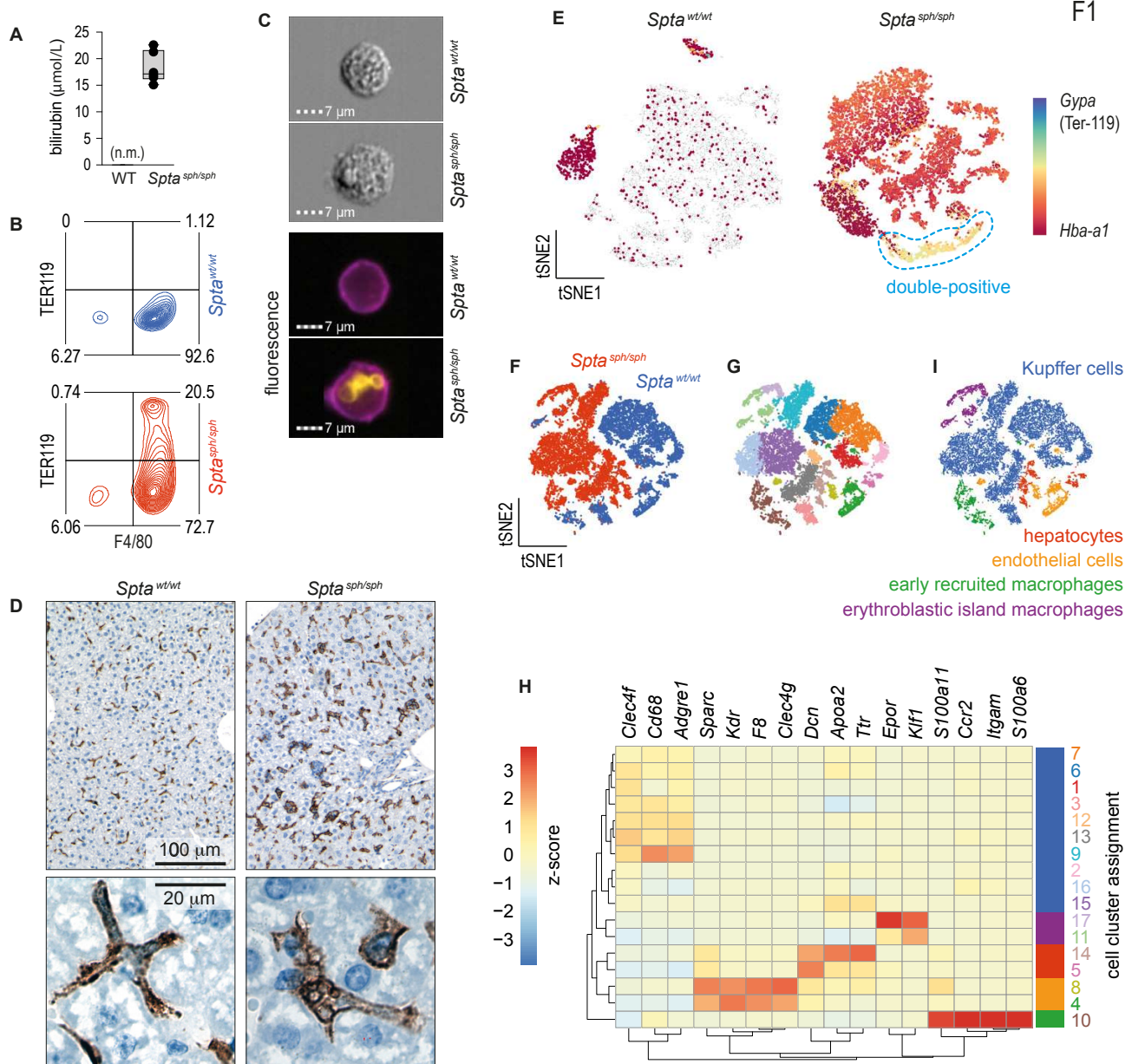


Figure 1 - Identification of erythrophagocytes in the liver of hemolytic mice

- A. Plasma bilirubin in *Spta^{sph/sph}* and *Spta^{wt/wt}* (WT) mice (n= 4 for both groups, n.m. = not measurable).
- B. Flow cytometry density plots of liver cell suspensions stained for F4/80 and intracellular TER119 in *Spta^{sph/sph}* mice (red) and *Spta^{wt/wt}* littermates (blue). The displayed cells were gated from live CD45⁺ leukocytes. Data are representative of three independent experiments. Percent proportions of cell counts are displayed in the plot.
- C. Brightfield and fluorescence images showing intracellular TER119^{pos} erythrocytes (yellow) in F4/80^{pos} Kupffer cells (KCs) (purple) from *Spta^{wt/wt}* and *Spta^{sph/sph}* mice obtained by imaging flow cytometry.
- D. **Top panel:** Microphotographs of liver tissues stained for F4/80. **Bottom panel:** High-magnification microphotographs of F4/80⁺ macrophages from *Spta^{wt/wt}* and *Spta^{sph/sph}* mice. Data representative of three mice in each group.
- E. Single-cell RNA-sequencing (scRNA-seq) data of non-parenchymal liver cell suspensions enriched for macrophages with F4/80 antibody-coated magnetic Dynabeads from *Spta^{sph/sph}* and *Spta^{wt/wt}* mice. t-SNE plots showing color-coded *Gypa/Hba-a1* gene expression in *Spta^{wt/wt}* and *Spta^{sph/sph}* mice. Double-positive cells are highlighted by the blue dashed line. Each dot represents a single cell.
- F. Data sets from the two mice shown in (E) are merged and represented in a single t-SNE plot, showing 17,127 cells colored by cell origin.
- G. Same tSNE as in (F). After an unsupervised clustering analysis, cells sharing similar transcriptome profiles are grouped by color. Seventeen clusters were identified.
- H. Heatmap of the average expression of key marker genes for hepatocytes, endothelial cells, erythroblastic island macrophages (EBIs), early recruited macrophages and KCs in each cluster. Data are standardized by row, z-scores are displayed by color code (red=high expression, blue=low expression).
- I. Assigned cell populations defined in (H). Cells are colored based on their identities.

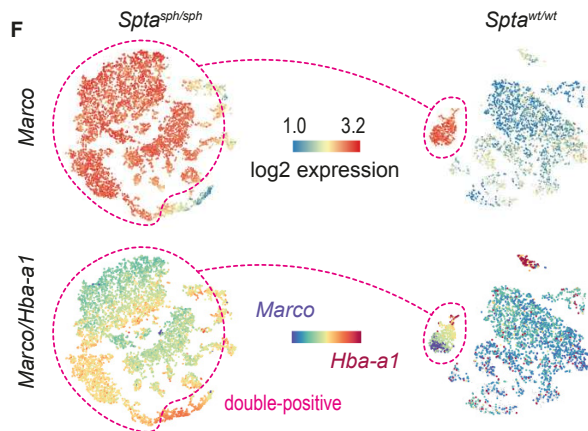
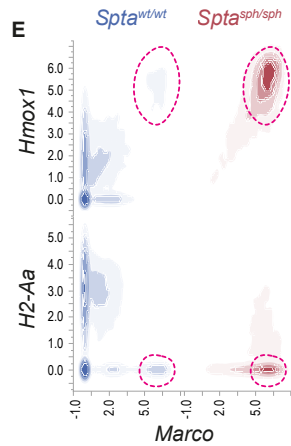
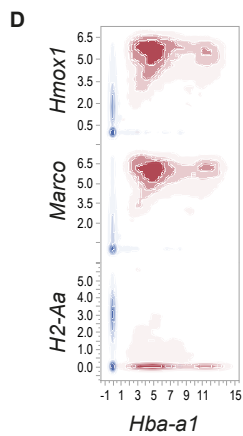
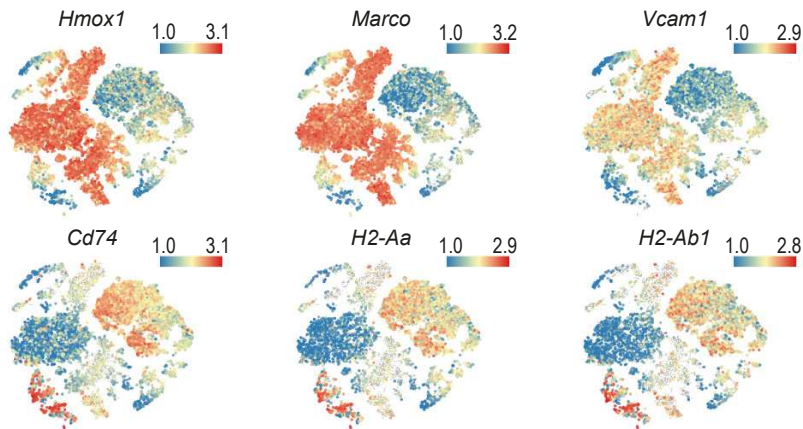
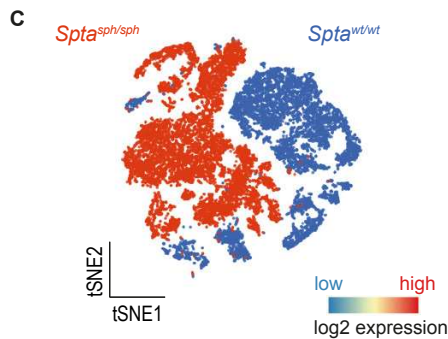
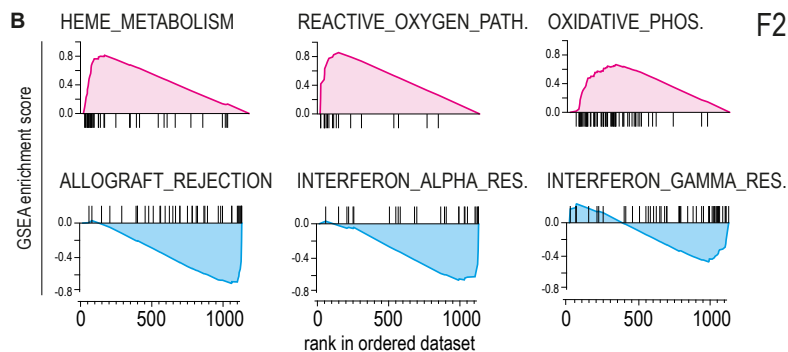
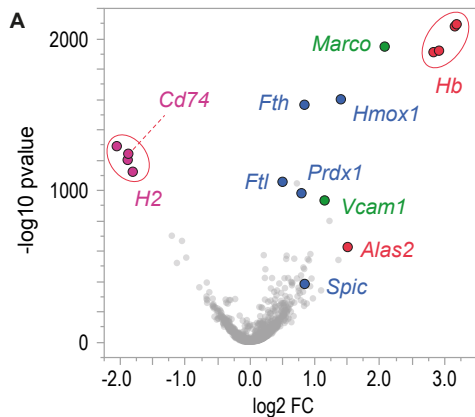


Figure 2 - Antioxidant and anti-inflammatory transcriptional phenotype of erythrophagocytes

- A. Volcano plot demonstrating differential gene expression of KCs in *Spta^{sph/sph}* versus *Spta^{wt/wt}* mice ($-\log_{10}(p\text{-value})$ versus $\log_2\text{-fold change}$). Among the positive differentially expressed genes (DEG), marker genes of the erythrophagocytic process are highlighted in red, genes associated with heme exposure and oxidative stress are highlighted in blue, and macrophage receptors are highlighted in green. The downregulated MHC-class II-associated genes are highlighted in purple.
- B. DEGs were computed by gene set enrichment analysis (GSEA). Enrichment plots of the top three positively (magenta) and negatively (blue) enriched hallmark gene sets are shown. Plots display running enrichment score and position of gene set members on the rank-ordered list.
- C. t-SNE plot showing all cells colored by cell origin. The expression of *Hmox1*, *Marco*, *Vcam1*, *Cd74*, *H2-Aa*, and *H2-Ab1* is visualized in global t-SNE plots. Legend for relative \log_2 expression of each gene from lowest expression (blue dots) to the highest expression (red dots) is displayed on the top right.
- D. Contour plot showing the correlation of *Hmox1*, *Marco* or *H2-Aa* and *Hba-a1* count data from every cell in the *Spta^{sph/sph}* (red) and *Spta^{wt/wt}* (blue) mouse datasets.
- E. Contour plot showing the correlation of *Hmox1* or *H2-Aa* and *Marco* count data from every cell in the *Spta^{sph/sph}* (red) and *Spta^{wt/wt}* (blue) mouse datasets.
- F. t-SNE plots with color-coded expression of *Marco* and *Marco/Hba-a1* in *Spta^{sph/sph}* (left) and *Spta^{wt/wt}* (right) mice. The magenta dashed line highlights the *Marco/Hba-a1* double-positive erythrophagocytes.

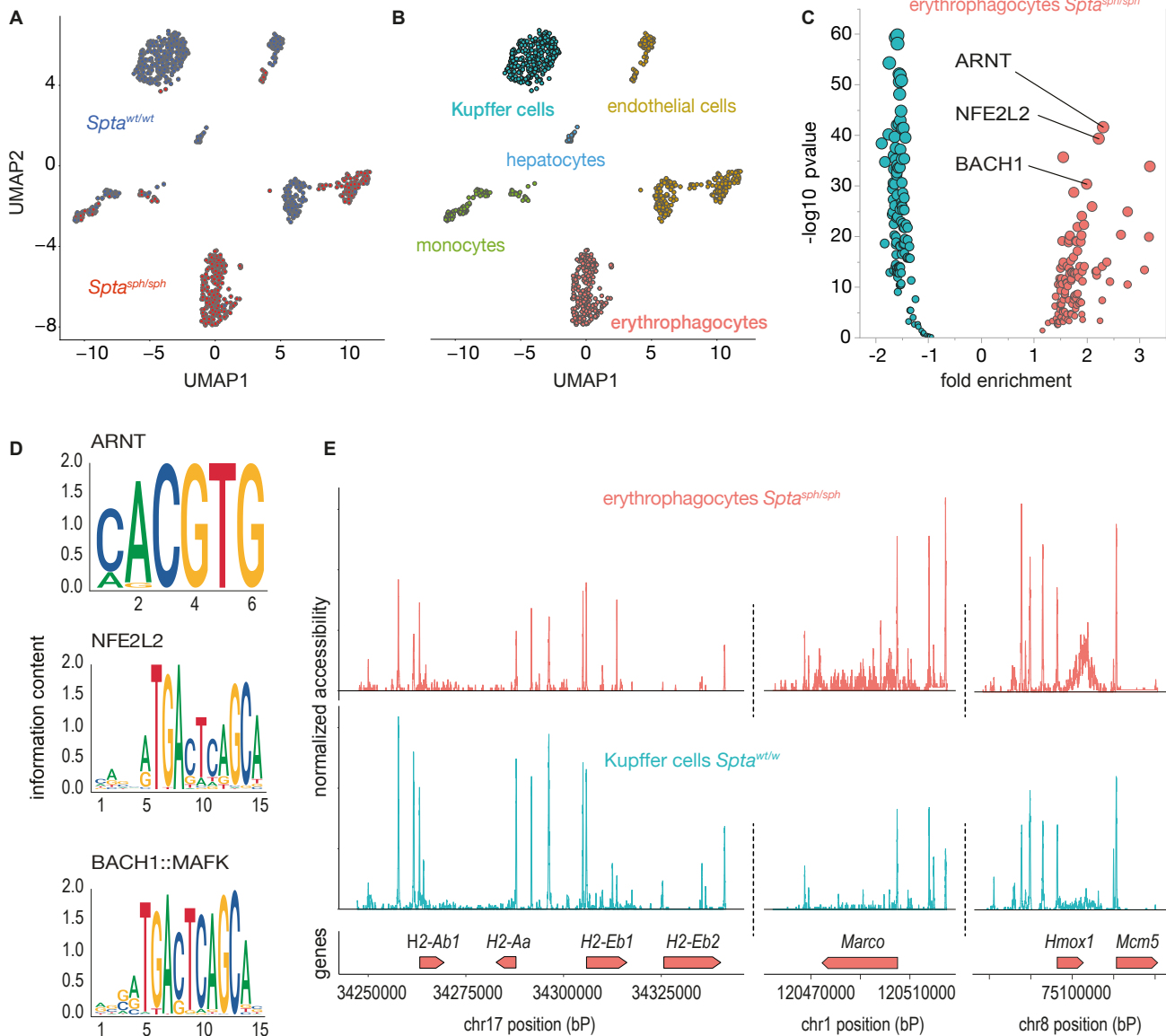


Figure 3 - Chromatin accessibility and transcription factor motif enrichment in erythrophagocytes

Single-cell ATAC sequencing data of non-parenchymal liver cell suspensions enriched for macrophages with F4/80 antibody-coated magnetic Dynabeads from *Spta^{sph/sph}* and *Spta^{wt/wt}* mice.

- A. UMAP plots showing all cells colored by cell origin (*Spta^{sph/sph}* red, *Spta^{wt/wt}* blue).
- B. UMAP plots showing all cells colored by cell type. Cell type was attributed based on the pseudo-gene expression of each cell for specific cell type markers displayed in Supplementary Figure 4B.
- C. Volcano plot displaying the results of the motif enrichment analysis in *Spta^{sph/sph}* erythrophagocytes compared to *Spta^{wt/wt}* KCs (red, 119 motifs in total) and *Spta^{wt/wt}* KCs compared to *Spta^{sph/sph}* erythrophagocytes (blue, 119 motifs in total).
- D. Position weight matrix plot of NFE2L2 motif (MA0150.2), BACH1 motif (MA0591.1), and ARNT motif (MA0004.1) from the JASPAR 2018 database with the corresponding *p*-value from the motif enrichment analysis.
- E. Coverage plots around the coding region for the genes *H2-Aa* (with 2000 kb upstream and downstream), *H2-Eb1* (with 5000 kb upstream and downstream), *Marco* (with 20'000 kb upstream and downstream) and *Hmox1* (with 20'000 kb upstream and downstream) in *Spta^{sph/sph}* erythrophagocytes compared to *Spta^{wt/wt}* KCs.

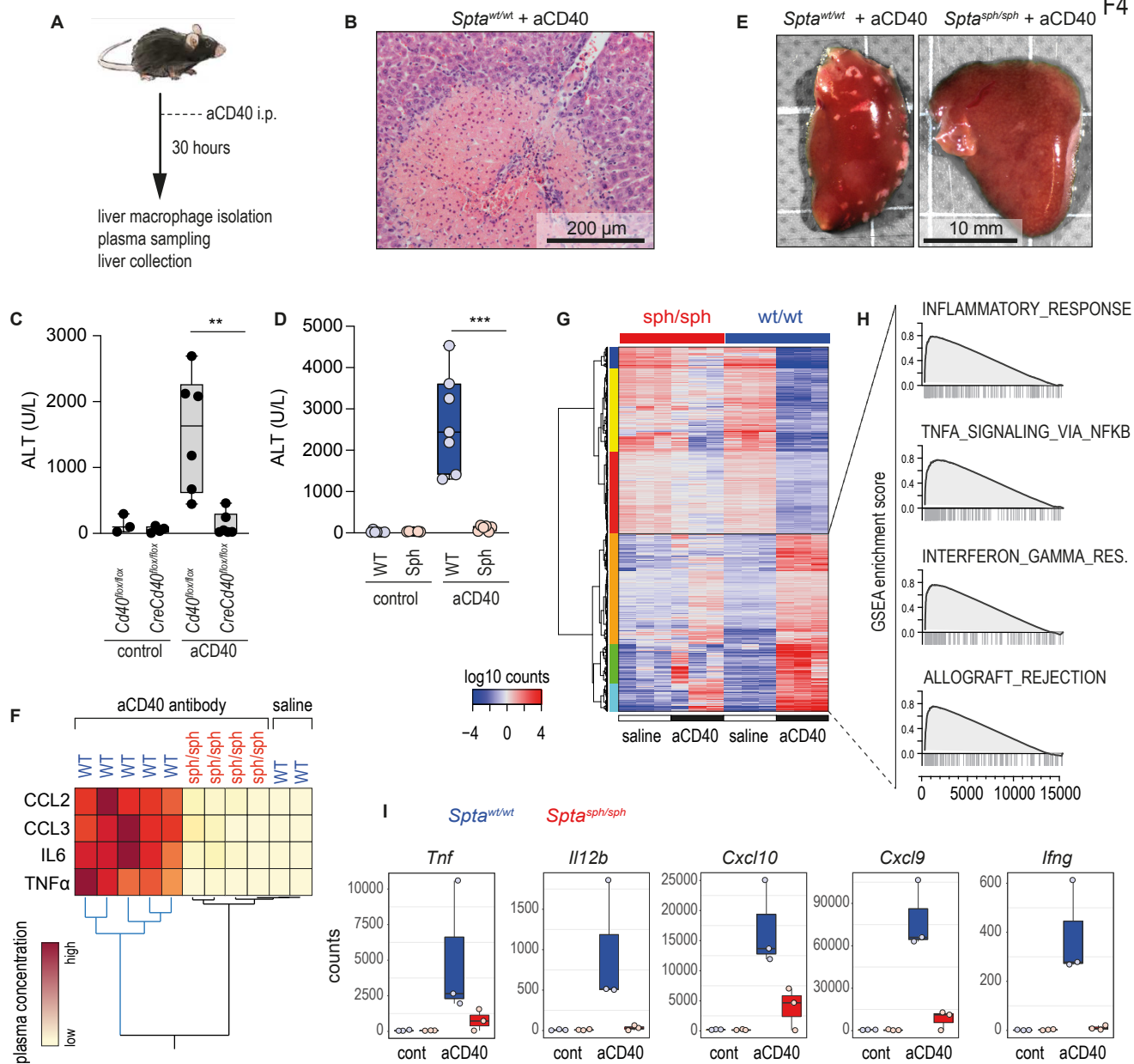


Figure 4 – Anti-inflammatory function of erythrophagocytes

- A. Schematic representation of experimental design: mice were treated with an agonistic anti-CD40 antibody for 30 hours (for macrophage isolation and blood removal) or 48 hours (for liver collection).
- B. Representative histology image for H&E staining of a thrombus with an ischemic liver infarct after treatment of *Spta^{wt/wt}* mouse with anti-CD40 antibody. Scale bar 200 μ m.
- C. Plasma alanine transaminase (ALT) concentrations in *LysM-Cre Cd40^{flox/flox}* (Cre +/-, knockout) or *Cd40^{flox/flox}* (Cre -/-, control) mice treated with saline or anti-CD40 antibody (n=3-6).
- D. Plasma ALT concentrations in *Spta^{wt/wt}* (WT, blue) and *Spta^{sph/sph}* (Sph, red) mice treated with saline or anti-CD40 antibody (n=6-8).
- E. Photographs of representative liver lobes from *Spta^{sph/sph}* and *Spta^{wt/wt}* mice treated with anti-CD40 antibody.
- F. Hierarchical clustering analysis of plasma cytokines from *Spta^{sph/sph}* and wild-type littermates treated with anti-CD40 antibody (yellow=low concentration, red=high concentration) or saline.
- G. Bulk RNA-seq data of F4/80-enriched non-parenchymal liver cell suspensions from three *Spta^{sph/sph}* and *Spta^{wt/wt}* mice treated with anti-CD40 antibody or saline. Hierarchical clustering analysis of the 2000 top significant DEGs (rows) between the anti-CD40 and saline-treated *Spta^{wt/wt}* (column). In total, 5803 DEGs were identified based on an absolute $\log_2(\text{Ratio}) > 0.5$ and $p\text{-value} < 0.01$ threshold.
- H. GSEA of DEGs of KCs in *Spta^{wt/wt}* mice treated with anti-CD40 antibody versus saline. Enrichment plots of the top four positively enriched hallmark gene sets are shown. Plots display running enrichment score and position of gene set members on the rank-ordered list.
- I. Normalized count data for key inflammatory genes expressed in KCs from anti-CD40 or saline (cont) treated *Spta^{wt/wt}* (blue) and *Spta^{sph/sph}* (red) mice.

Each data point represents a single mouse; *** $p < 0.001$, ** $p < 0.01$, * $p < 0.05$, ANOVA with Tukey's post hoc test for panel C and D; counts were normalized using DEseq2 for panel I.

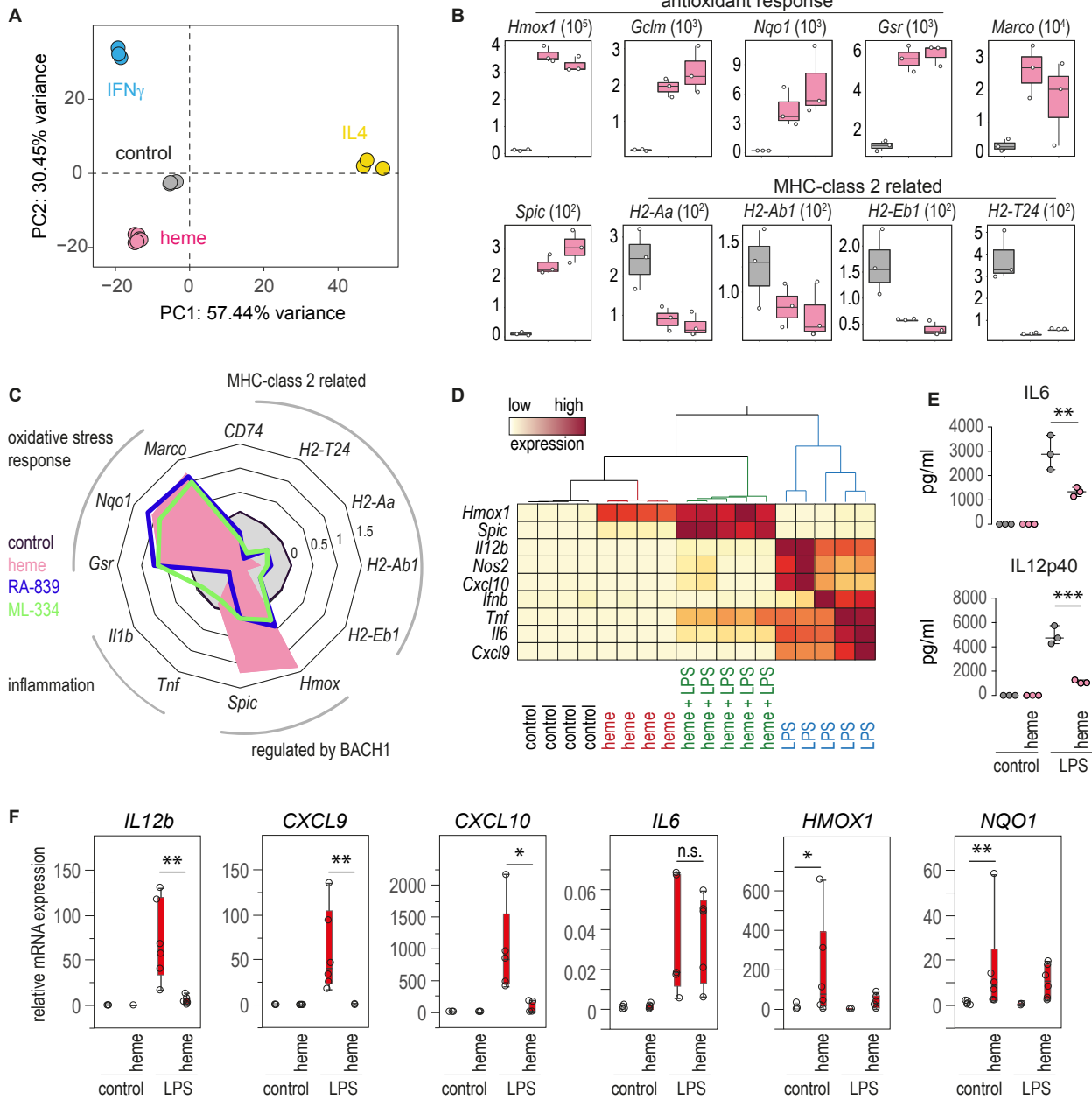


Figure 5 - Replication of the anti-inflammatory erythrophagocyte polarization by heme-exposure of mouse BM-derived macrophages in vitro

- A. Mouse BM-derived macrophages (BMDMs) were exposed to either albumin (control), heme-albumin (200 and 400 μ M), IFN γ (10 ng/ml) or IL-4 (10 ng/ml) for 72 hours and then processed for bulk RNA-seq. Samples are plotted based on the first two principal components (n=3).
- B. Normalized count data for the expression of antioxidant genes, MHC-class II-associated genes, *Marco*, *Hmox1*, and *Spic* in heme-albumin (200 and 400 μ M) treated (magenta) and control BMDMs (gray).
- C. Radar plot of relative mRNA gene expression of antioxidant genes, MHC-class II-associated genes, *Marco*, *Hmox1*, *Spic* and inflammatory genes measured by RT-qPCR in BMDMs treated with albumin (control; gray), heme-albumin (200 μ M; magenta), RA-839 (15 μ M; blue) or ML-334 (50 μ M; green) for 72 hours (n=4-8).
- D. Hierarchical clustering analysis of the relative mRNA expression of key inflammatory genes, *Hmox1* and *Spic* measured by RT-qPCR in BMDMs treated or not with heme-albumin for 72 hours +/- LPS for an additional 4 hours (yellow=low expression, red=high expression) (n=4-5).
- E. Concentrations of IL-12p40 and IL-6 in cell culture medium measured by Bio-Plex in BMDMs treated or not with heme-albumin for 72 hours +/- LPS for an additional 4 hours (n=3).
- F. Relative mRNA expression of key inflammatory genes, *HMOX1*, and *NQO1* measured by RT-qPCR in PBMCs-derived human macrophages treated or not with heme-albumin for 72 hours +/- LPS for an additional 4 hours (n=6).

*** $p < 0.001$, ** $p < 0.01$, * $p < 0.05$, ANOVA with Tukey's post hoc test for panel E and Kruskal-Wallis with Wilcoxon Test for panel F.

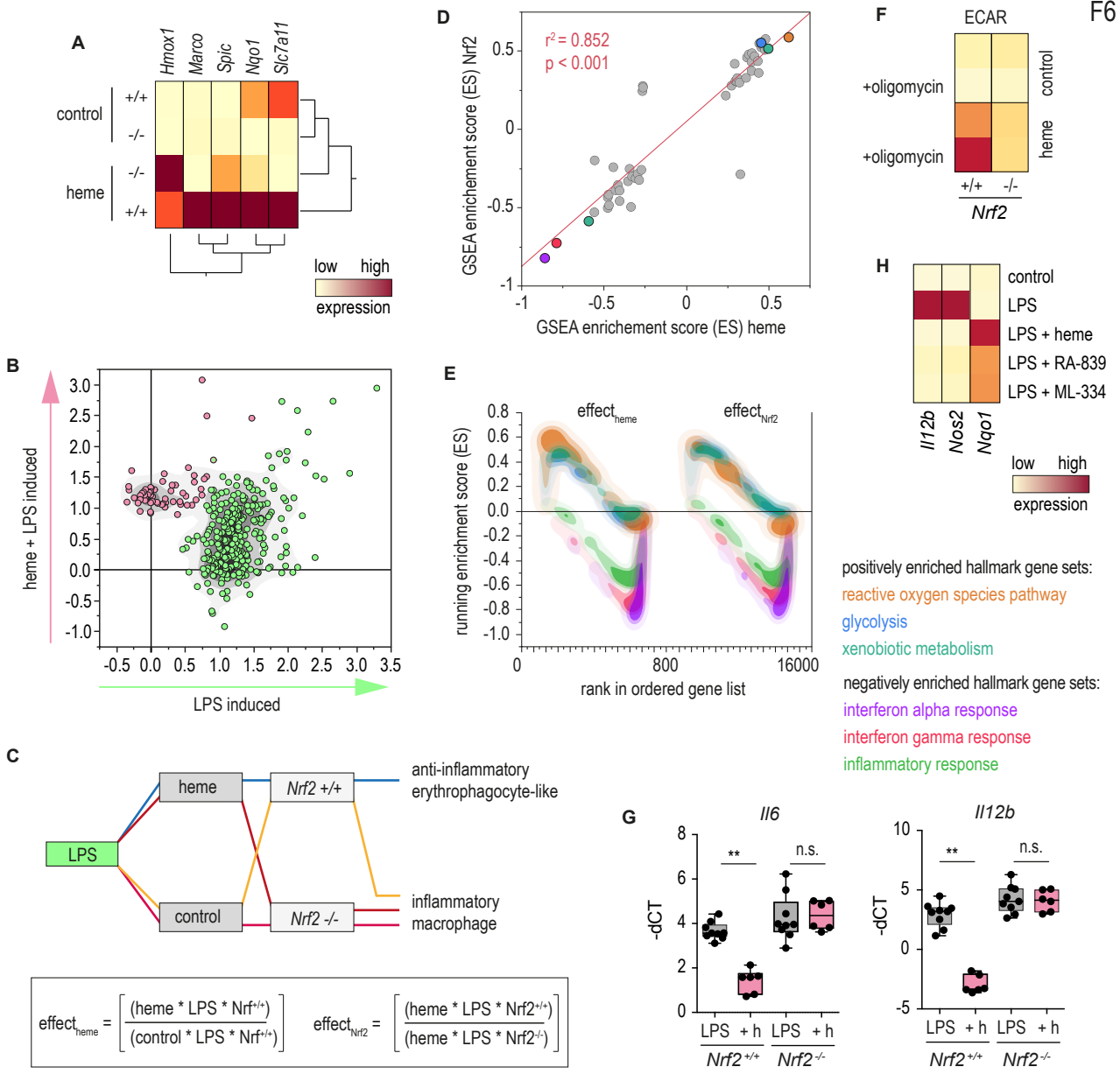


Figure 6 - Heme-NRF2 signaling drives erythrophagocyte-like polarization of BMDMs

- A. RT-qPCR expression data for heme-response genes in *Nrf2*^{+/+} and *Nrf2*^{-/-} BMDMs after heme-albumin (200 μ M) or albumin (control) treatment for 6 hours (mean of n=3 replicates).
- B. Scatter plot of differentially expressed genes ($\log_{\text{Ratio}} > 0.5$) of heme-albumin versus albumin treated BMDMs followed by LPS (4 hours). Data represent the log10 of the expression-ratio as mean from n=4 gene array experiments. A transcription factor enrichment analysis for the red-labeled gene cluster is displayed in Supplementary Figure 6A.
- C. Factorial layout and predicted phenotype outcomes of gene array experiments with BMDM from *Nrf2*^{+/+} and *Nrf2*^{-/-} mice that were treated with or without heme-albumin and LPS. Effects on differential gene expression for heme in wild-type cells ($\text{effect}_{\text{heme}}$) and for the *Nrf2* gene in heme-exposed cells ($\text{effect}_{\text{Nrf2}}$) were calculated by the displayed formulae.
- D. Correlation of the GSEA hallmark gene set enrichment scores for $\text{effect}_{\text{heme}}$ and $\text{effect}_{\text{Nrf2}}$. The top three hallmark gene sets are highlighted ($p < 0.001$).
- E. Overlaid GSEA enrichment score plots for the hallmark gene sets highlighted in (D).
- F. Heatmap of the ECAR of *Nrf2*^{+/+} and *Nrf2*^{-/-} BMDMs. BMDM were treated for 4 hours with albumin (control) or with 200 μ M heme-albumin before the Seahorse experiment. Cells were analyzed at baseline and after treatment with oligomycin. Mean values from three measurements per condition (yellow = low ECAR, red = high ECAR).
- G. LPS-stimulated *Il6* and *Il12b* mRNA expression in *Nrf2*^{+/+} and *Nrf2*^{-/-} BMDMs after pretreatment with albumin or with heme-albumin (+h) for 4 hours (n=6-9), measured by RT-qPCR.
- H. *Il12b*, *Nos2*, *Nqo1* mRNA in wild-type BMDMs treated with LPS, LPS+heme, or with the *Nrf2* activators RA-839 and ML-334 measured by RT-qPCR. Mean from three independent experiments.

*** $p < 0.001$, ** $p < 0.01$, * $p < 0.05$, n.s.=not significant, ANOVA with Tukey's post hoc test for panel G.

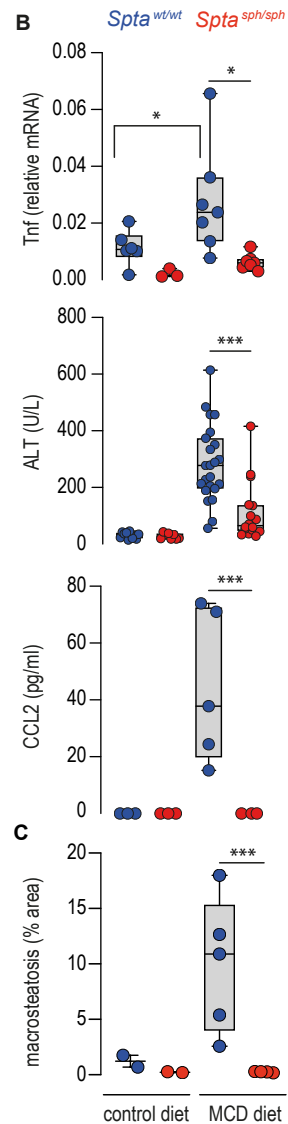
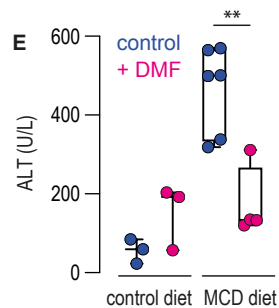
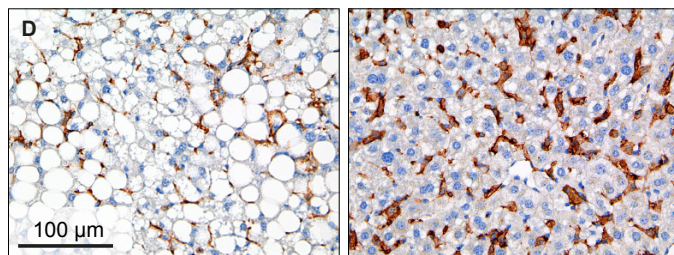
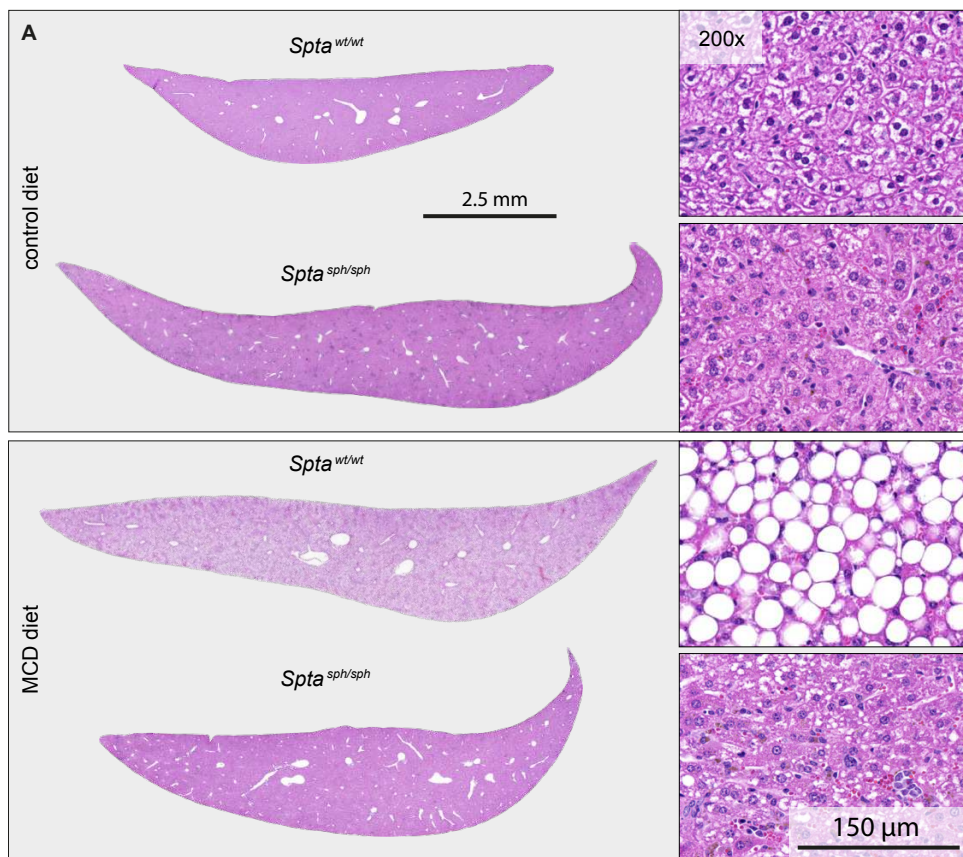


Figure 7 - Tolerance against diet-induced nonalcoholic fatty liver disease in hemolytic mice

- A. Scans of H&E stained liver lobe sections at 15x magnification (left) or 200x magnification (right) from *Spta*^{wt/wt} (blue) and *Spta*^{sph/sph} (red) mice fed a methionine-choline-deficient (MCD) or control diet for 12 days. The images displayed are representative of five animals in each group.
- B. *Spta*^{wt/wt} (blue) and *Spta*^{sph/sph} (red) mice that were fed a MCD or control diet for 12 days. Top to bottom: mRNA expression of *Tnf* in F4/80⁺ liver macrophages measured by RT-qPCR (n=3-7), plasma ALT (n=8-23) and CCL2 (n=3-5) concentrations.
- C. Quantitative morphometric analysis of the area with macrosteatosis in liver tissues (% of the total tissue area) based on liver histology images of the five mice mentioned in A (n=2-5).
- D. Microphotographs of liver tissues from MCD diet-fed *Spta*^{wt/wt} and *Spta*^{sph/sph} mice stained for F4/80⁺ macrophages. Scale bar 100 µm.
- E. Plasma ALT concentrations from *Spta*^{wt/wt} mice treated with dimethyl fumarate (DMF) at 100 mg/kg (or vehicle control) for 7 days and then fed control or MCD diet for 12 days (n=3-6).

Individual symbols represent one mouse; *** p<0.001, ** p<0.01, * p<0.05 for all panels, ANOVA with Tukey's post hoc test.